

89:28. 'Return towards your Lord, in the state that you are content with Him, and He is content with you.'

ارْجِعْ إِلَىٰ رَبِّكَ رَاضِيَةً مَّرْضِيَةً ﴿٢٨﴾

89:29. 'Then enter (the ranks of) My chosen bondsmen.'

فَادْخُلْ فِي عِبَادِي ﴿٢٩﴾

89:30. 'And enter My Paradise.'

وَادْخُلْ جَنَّاتِي ﴿٣٠﴾

90. SURAH AL-BALAD (THE CITY)  
(This Surah is Makkan, containing 20 verses and 1 section)

٩٠ سُورَةُ الْبَلَدِ مَكِّيَّةٌ ٣٥  
آيَاتُهَا ٢٠ رُكُوعُهَا ١

Allah's Name to commence with, the Most Gracious, the Most Merciful.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

90:1. I swear an oath by this city (i.e. Makkah Mukarramah).

لَا أَقْسِمُ بِهَذَا الْبَلَدِ ﴿١﴾

90:2. That (because) O Beloved, you are present in this city.

وَأَنْتَ حَلٌّ بِهَذَا الْبَلَدِ ﴿٢﴾

90:3. And by the oath of your father Ibrahim, and by his progeny; that is you (O Beloved).

وَوَالِدٍ وَمَا وَلَدٍ ﴿٣﴾

90:4. We have certainly created mankind to remain in hardship.

لَقَدْ خَلَقْنَا الْإِنْسَانَ فِي كَبَدٍ ﴿٤﴾

90:5. Does man think that no one will ever have power over him?

أَيَحْسَبُ أَنْ لَنْ يُقَدِّرَ عَلَيْهِ أَحَدٌ ﴿٥﴾

90:6. He says, 'I have destroyed huge amounts of wealth.'

يَقُولُ أَهْلَكْتُ مَالًا لُبَدًا ٦

90:7. Does man think that no one saw him?

أَيَحْسَبُ أَنْ لَمْ يَرَهُ أَحَدٌ ٧

90:8. Did We not make his two eyes?

أَلَمْ نَجْعَلْ لَهُ عَيْنَيْنِ ٨

90:9. And a tongue and two lips?

وَلِسَانًا وَشَفَتَيْنِ ٩

90:10. And We guided him to the two conspicuous paths (of good and evil).

وَهَدَيْنَاهُ النَّجْدَيْنِ ١٠

90:11. Then he did not jump on the steep path without thinking.

فَلَا اقْتَحَمَ الْعَقَبَةَ ١١

90:12. And what have you understood what the steep path is?

وَمَا أَدْرَاكَ مَا الْعَقَبَةُ ١٢

90:13. (It is) to free a slave.

فَكَرَّ قَلْبَهُ ١٣

90:14. Or the feeding on a day of hunger.

أَوْ اطْعَمَ فِي يَوْمٍ ذِي مَسْغَبَةٍ ١٤

90:15. To an orphan (who is) the next of kin.

يَتِيمًا ذَا مَقْرَبَةٍ ١٥

90:16. Or to a poor person lying in dust (i.e. afflicted with misery).

أَوْ مَسْكِينًا ذَا مَتْرَبَةٍ ١٦

90:17. Then he became one of those who believed and who advised patience to one another and who advised kindness to one another.

فَمَّ كَانَ مِنَ الَّذِينَ آمَنُوا وَتَوَاصَوْا  
بِالصَّبْرِ وَتَوَاصَوْا بِالرِّحْمَةِ ۝١٧

90:18. These are the people of the right side.

أُولَئِكَ أَصْحَابُ الْمَيْمَنَةِ ۝١٨

90:19. And those who denied Our verses, they are the people of the left side (i.e. the evil ones).

وَالَّذِينَ كَفَرُوا أَصْحَابُ الْشِّمَالِ  
أَصْحَابُ الْبُئْسَةِ ۝١٩

90:20. Upon them is Fire; (after they are) thrown into it, it is closed up from above.

عَلَيْهِمْ نَارٌ مُّوَصَّدَةٌ ۝٢٠

### 91. SURAH AL-SHAMS (THE SUN)

(This Surah is Makkan, containing 15 verses and 1 section)

٩١ سُورَةُ الشَّمْسِ مَكِّيَّةٌ ٢٦  
آيَاتُهَا ١٥ رُكُوعُهَا ١

Allah's Name to commence with, the Most Gracious, the Most Merciful.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

91:1. By the oath of the sun and its light.

وَالشَّمْسِ وَضُحَاهَا ۝١

91:2. And by the moon, when it follows it (i.e. follows the sun).

وَالْقَمَرِ إِذَا تَلَّهَا ۝٢

91:3. And by the day, when it brightens it.

وَالنَّهَارِ إِذَا جَلَّلَهَا ۝٣