

45. SURAH AL-JAATHIYAH (THE CROUCHING)

(This Surah is Makkan, containing
37 verses and 4 sections)

٢٥ سُورَةُ الْجَاثِيَةِ مَكِّيَّةٌ
أَيَاتُهَا ٣٧ رُكُوعَاتُهَا ٤

Allah's Name to commence
with, the Most Gracious, the
Most Merciful.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

45:1. Ha-Meem. (These are
individual letters of the Arabic
alphabet; Allah and His Messenger
know their exact meanings.)

حَمْ
١

45:2. The sending down of the
Book (i.e. the Qur'aan) is from
Allah, the Honourable, the
Wise.

تَنْزِيلُ الْكِتَابِ مِنَ اللَّهِ الْعَزِيزِ
الْحَكِيمِ ٢

45:3. Indeed, in the heavens and
the earth are signs for the
believers.

إِنَّ فِي السَّمَوَاتِ وَالْأَرْضِ لَآيَاتٍ
لِّلْمُؤْمِنِينَ ٣

45:4. And in your creation, and
whichever animals He scatters
in the earth; in them are signs
for the people of certainty.

وَفِي خَلْقِكُمْ وَمَا يَبُتُّ مِنْ دَابَّاتٍ
آيَاتٌ لِّقَوْمٍ يُوقِنُونَ ٤

45:5. And in the alternation of
the night and the day, and in
this that Allah sends down rain
from the sky as a means of
sustenance, so with it, He gave
life to the earth after its death,
and in the revolving around of
the winds; (in all of these) are
signs for the people of intellect.

وَإِخْتِلَافِ اللَّيْلِ وَالنَّهَارِ وَمَا أَنْزَلَ
اللَّهُ مِنَ السَّمَاءِ مِنْ رِزْقٍ فَأَحْيَا بِهِ
الْأَرْضَ بَعْدَ مَوْتِهَا وَتَصْرِيفِ
الرِّيْحِ آيَاتٌ لِّقَوْمٍ يَعْقِلُونَ ٥

45:6. These are the verses of Allah that We recite upon you with the truth; then leaving Allah and His verses, what will they believe in?

تِلْكَ آيَاتُ اللَّهِ نَتْلُوَهَا عَلَيْكَ
بِالْحَقِّ قِبَآمِي حَدِيثٍ بَعْدَ اللَّهِ وَ
آيَاتِهِ يُؤْمِنُونَ ﴿٦﴾

45:7. Ruin is for every great slandering sinner.

وَيُلِّ لِكُلِّ أَفَّاكٍ أَثِيمٍ ﴿٧﴾

45:8. (Who) hears the verses of Allah which are recited to him, then remains stubborn, displaying arrogance, as if he did not hear them; therefore, give him the good news of a painful punishment.

يَسْمَعُ آيَاتِ اللَّهِ تُتْلَىٰ عَلَيْهِ ثُمَّ يُصِرُّ
مُسْتَكْبِرًا كَأَن لَّمْ يَسْمَعْهَا فَبَشِّرْهُ
بِعَذَابِ الْيَوْمِ ﴿٨﴾

45:9. And when he comes to know about any of Our verses, he mocks them; for them is a disgraceful punishment.

وَإِذَا عَلِمَ مِنْ آيَاتِنَا شَيْئًا اتَّخَذَهَا
هُزُوًا ۗ وَأُولَٰئِكَ لَهُمْ عَذَابٌ مُّهِينٌ ﴿٩﴾

45:10. Hell is after them, and what they have earned will not benefit them at all, and nor those whom they had taken as helpers other than Allah; and for them is great punishment.

مِنْ وَرَاءِ آيِهِمْ جَهَنَّمُ ۖ وَلَا يُغْنِي عَنْهُمْ
مَا كَسَبُوا شَيْئًا وَلَا مَا اتَّخَذُوا مِنْ دُونِ
اللَّهِ أَوْلِيَاءَ ۖ وَلَهُمْ عَذَابٌ عَظِيمٌ ﴿١٠﴾

45:11. This (i.e. the Qur'aan) shows the (right) path; and those who disbelieved in the verses of their Lord, for them is the severest punishment from the most painful punishment.

هَٰذَا هُدًى ۖ وَالَّذِينَ كَفَرُوا بِآيَاتِ
رَبِّهِمْ لَهُمْ عَذَابٌ مِّن رَّجْزِ الْيَوْمِ ﴿١١﴾

45:12. It is Allah Who has subjected the sea for you, that ships may sail upon it by His command, and for this reason; that you seek His benevolence (i.e. sustenance), and in order that you may be grateful.

اللَّهُ الَّذِي سَخَّرَ لَكُمُ الْبَحْرَ لِتَجْرِيَ
الْفُلُكُ فِيهِ بِأَمْرِهِ وَلِتَبْتَغُوا مِنْ
فَضْلِهِ وَلَعَلَّكُمْ تَشْكُرُونَ ﴿١٢﴾

45:13. And (He) has made whatever is in the heavens and in the earth subservient to you by His command; indeed, in these are signs for the people who ponder.

وَسَخَّرَ لَكُم مَّا فِي السَّمٰوٰتِ وَمَا فِي
الْاَرْضِ جَمِيعًا مِّنْهُ ۗ اِنَّ فِيْ ذٰلِكَ
لَاٰيٰتٍ لِّقَوْمٍ يَّتَفَكَّرُوْنَ ﴿١٣﴾

45:14. Tell the believers (O Beloved), overlook those who do not hope for the days (in which comes upon them the punishment) of Allah, in order that Allah may reward a nation for what they used to earn.

قُلْ لِلَّذِيْنَ اٰمَنُوْا يَغْفِرُ وَالَّذِيْنَ
لَا يَرْجُوْنَ اَيَّامَ اللّٰهِ لِيَجْزِيَ قَوْمًا
بِمَا كَانُوْا يَكْسِبُوْنَ ﴿١٤﴾

45:15. Whosoever does a good deed, so it is for his own good; and whoever commits an evil deed, so it is for his own harm; you will then be returned towards your Lord.

مَنْ عَمِلَ صٰلِحًا فَلِنَفْسِهٖ ۗ وَمَنْ اَسٰءَ
فَعَلَيْهَا ثُمَّ اِلٰى رَبِّكُمْ تُرْجَعُوْنَ ﴿١٥﴾

45:16. And indeed, We bestowed upon the Children of Israel the Book (i.e. the Tawrah), and sovereignty, and Prophethood, and gave pure things for sustenance to them and exalted them over all the others of their era.

وَلَقَدْ اَتَيْنَا بَنِيْ اِسْرٰءِيْلَ الْكِتٰبَ
وَالْحُكْمَ وَالنُّبُوَّةَ وَرٰزَقْنٰهُمْ مِّنَ
الطَّيِّبٰتِ وَفَضَّلْنٰهُمْ عَلٰى الْعٰلَمِيْنَ ﴿١٦﴾

45:17. And We gave them clear proofs regarding this matter (of their religion); so, they did not differ but after this, that the knowledge had come to them due to mutual jealousy. Indeed, your Lord will judge between them on the Day of Resurrection concerning the matter wherein they differ.

وَآتَيْنَهُمْ بَيِّنَاتٍ مِّنَ الْأَمْرِ فَمَا
اِخْتَلَفُوا إِلَّا مِن بَعْدِ مَا جَاءَهُمُ
الْعِلْمُ بَعْضًا بِبَعْضٍ ۗ إِنَّ رَبَّكَ يَفْضِلُ
بَيْنَهُمْ يَوْمَ الْقِيَامَةِ فَيُنَازِلُكَ
أُفْوَاهِهِمْ
يَخْتَلِفُونَ ﴿١٧﴾

45:18. We then set you (O Beloved) on the clear path in this matter (i.e. the religion); therefore, continue following it and do not follow the desires of the ignorant.

ثُمَّ جَعَلْنَاكَ عَلَىٰ شَرِيحَةٍ مِّنَ الْأَمْرِ
فَاتَّبِعْهَا وَلَا تَتَّبِعْ أَهْوَاءَ الَّذِينَ
لَا يَعْلَمُونَ ﴿١٨﴾

45:19. Indeed, they cannot benefit you at all against Allah; and indeed, the unjust are friends of each other; and Allah is the Friend of those who fear.

إِنَّهُمْ لَن يُغْنُوا عَنْكَ مِنَ اللَّهِ شَيْئًا
وَإِنَّ الظَّالِمِينَ بَعْضُهُمْ أَوْلِيَاءُ
بَعْضٍ ۗ وَاللَّهُ وَلِيُّ الْمُتَّقِينَ ﴿١٩﴾

45:20. This (i.e. the Qur'aan) is an eye-opener for the people, and guidance and mercy for those who believe.

هَذَا بَصَائِرُ لِلنَّاسِ وَهُدًى وَرَحْمَةٌ
لِّقَوْمٍ يُوقِنُونَ ﴿٢٠﴾

45:21. Do those who have committed evil assume this; that We will make them equal to those who have believed and done good deeds, (and) that

أَمْ حَسِبَ الَّذِينَ اجْتَرَحُوا السَّيِّئَاتِ
أَنْ نَّجْعَلَهُمْ كَالَّذِينَ آمَنُوا وَعَمِلُوا

would the life and the death of these (pious people) be equal to those (evil people)? What an evil judgement they pass.

الصَّالِحَاتِ سَوَاءٌ مَحْيَاهُمْ وَ
مَمَاتِهِمْ سَاءَ مَا يَحْكُمُونَ ﴿٢١﴾

45:22. And Allah has created the heavens and the earth with the truth, and in order that every soul is repaid for what it has earned, and they will not be wronged.

وَخَلَقَ اللَّهُ السَّمَوَاتِ وَالْأَرْضَ
بِالْحَقِّ وَلِتُجْزَىٰ كُلُّ نَفْسٍ بِمَا
كَسَبَتْ وَهُمْ لَا يُظْلَمُونَ ﴿٢٢﴾

45:23. Just look at him who made his desire as his god, and Allah caused him to go astray despite his knowledge, and set a seal upon his ears and his heart, and a covering upon his eyes; so, who would guide him after Allah? So, do you not ponder?

أَفَرَأَيْتَ مَنْ اتَّخَذَ إِلَهَهُ هَوَاهُ
وَأَصْلَهُ اللَّهُ عَلَىٰ عِلْمٍ وَخَتَمَ
عَلَىٰ سَمْعِهِ وَقَلْبِهِ
وَجَعَلَ عَلَىٰ بَصَرِهِ غِشَاوَةً
فَمَنْ يَهْدِيهِ مِنْ بَعْدِ اللَّهِ
أَفَلَا تَتَذَكَّرُونَ ﴿٢٣﴾

45:24. And they said, 'There is nothing except our worldly life, (in which) we die and we live, and nothing destroys us except time.' And they do not have any knowledge of this, they make mere speculations.

وَقَالُوا مَا هِيَ إِلَّا حَيَاتُنَا
الدُّنْيَا نَمُوتُ وَنَحْيَا
وَمَا يَهْدِيكُنَا إِلَّا
الدَّهْرُ وَمَا لَهُمْ بِذَلِكَ
مِنْ عِلْمٍ ۚ إِنَّهُمْ
إِلَّا يَظُنُّونَ ﴿٢٤﴾

45:25. And when Our clear verses are recited to them, so

وَإِذَا تُلِيَتْ عَلَيْهِمُ
آيَاتُنَا بَيِّنَاتٌ مَّا

their only argument is that they say, 'Bring back our forefathers, if you are truthful.'

كَانَ حُجَّتَهُمْ إِلَّا أَنْ قَالُوا اسْتُوا
بِأَبَائِنَا إِنْ كُنْتُمْ صَادِقِينَ ﴿٢٥﴾

45:26. Say you (O Beloved), 'It is Allah Who gives you life, then will cause you to die, then will gather you all on the Day of Resurrection, in which there is no doubt, but most people know not.'

قُلِ اللَّهُ يُحْيِيكُمْ ثُمَّ يُمِيتُكُمْ ثُمَّ
يَجْمَعُكُمْ إِلَى يَوْمِ الْقِيَامَةِ لَا رَيْبَ
فِيهِ وَلَكِنَّ أَكْثَرَ النَّاسِ لَا يَعْلَمُونَ ﴿٢٦﴾

45:27. And only to Allah belongs the kingdom of the heavens and the earth; and when the Day of Resurrection is established, on that Day is loss for the followers of falsehood.

وَلِلَّهِ مُلْكُ السَّمَاوَاتِ وَالْأَرْضِ
وَيَوْمَ تَقُومُ السَّاعَةُ يُوسِرُ
الْمُبْطِلُونَ ﴿٢٧﴾

45:28. And you will see every group down on its knees; every group will be called towards its book of deeds (and it will be said to them), 'This Day you will be repaid for what you did.'

وَتَرَى كُلَّ أُمَّةٍ جَاثِيَةً كُلُّ أُمَّةٍ
تُذْعَرُ إِلَى كِتَابِهَا الْيَوْمَ تُجْرَوْنَ
مَا كُنْتُمْ تَعْمَلُونَ ﴿٢٨﴾

45:29. 'This Book of Ours speaks the truth against you; We had been recording whatever you did.'

هَذَا كِتَابُنَا يُنطِقُ عَلَيْكُمْ بِالْحَقِّ إِنَّا
كُنَّا نَسْتَسْمِعُ مَا كُنْتُمْ تَعْمَلُونَ ﴿٢٩﴾

45:30. So, those who believed and did good deeds, their Lord will admit them into His

قَامَا الَّذِينَ آمَنُوا وَعَمِلُوا
الصَّالِحَاتِ فَيُدْخِلُهُمْ رَبُّهُمْ فِي

Mercy; only this is very clear victory.

رَاحَتِهِ ۚ ذَٰلِكَ هُوَ الْفَوْزُ الْمُبِينُ ﴿٣٠﴾

45:31. And to those who disbelieved, it will be said to them, 'Was it not that Our verses were recited (to you)? So, you were arrogant, and you were a criminal people.'

وَأَمَّا الَّذِينَ كَفَرُوا ۖ أَفَلَمْ تَكُنْ
الَّتِي تَشَىٰ عَلَيْهِمْ فَاسْتَكْبَرْتُمْ وَكُنْتُمْ
قَوْمًا مَّجْرُمِينَ ﴿٣١﴾

45:32. And when it is said, 'Indeed, the promise of Allah is true and there is no doubt regarding the Day of Resurrection.' You say, 'We do not know what the Day of Resurrection is, we think of it as some vague idea, and we have no certainty.'

وَإِذَا قِيلَ إِنَّ وَعْدَ اللَّهِ حَقٌّ وَ
السَّاعَةُ لَا رَيْبَ فِيهَا قُلْتُمْ مَا
نَدْرِي مَا السَّاعَةُ ۗ إِنَّا نَبْطِئُ الْأَبْطَا
وَمَا نَحْنُ بِمُتَّقِينَ ﴿٣٢﴾

45:33. And the evils of their deeds appeared to them, and the punishment which they used to mock surrounded them.

وَبَدَأَ لَهُمْ سَيِّئَاتِ مَا عَمِلُوا وَأَحَاقَ
بِهِمْ مَا كَانُوا بِهِ يَسْتَهْزِءُونَ ﴿٣٣﴾

45:34. And it will be said, 'This Day We shall leave you just like you had forgotten the confronting of this Day of yours, and your abode is the Fire, and you do not have any helper.'

وَقِيلَ الْيَوْمَ نَنْسِيكُمْ كَمَا نَسَيْتُمْ
لِقَاءَ يَوْمِكُمْ هَٰذَا أَوْ مَا وَكُمُ النَّارُ وَ
مَا لَكُمْ مِّنْ نَّاصِرِينَ ﴿٣٤﴾

45:35. 'This is because you mocked the signs of Allah, and the worldly life deceived you.' So, this Day they are not to be

ذُكِّرْتُمْ بِلَاغِكُمْ أَتَّخَذْتُمُ آيَاتِ اللَّهِ
هُزُوءًا وَاعْرَضْتُمُ الْحَيَاةَ الدُّنْيَا

brought out from the Fire, and nor will they be asked (to do something) to please (Allah).

فَالْيَوْمَ لَا يُخْرَجُونَ مِنْهَا وَلَا هُمْ
يُسْتَعْتَبُونَ ﴿٢٥﴾

45:36. So, all praise is due to only Allah; the Lord of the heavens and the Lord of the earth, and the Lord of all the worlds.

قَلِيلٌ الْحَمْدُ رَبِّ السَّمَوَاتِ وَرَبِّ
الْأَرْضِ رَبِّ الْعَالَمِينَ ﴿٣٦﴾

45:37. And only for Him is the Greatness in the heavens and in the earth; and only He is the Most Honourable, the Wise.

وَلَهُ الْكِبْرِيَاءُ فِي السَّمَوَاتِ وَ
الْأَرْضِ وَهُوَ الْعَزِيزُ الْحَكِيمُ ﴿٣٧﴾

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